

# Kessler Institute for Rehabilitation

1199 Pleasant Valley Way

West Orange, NJ 07052

Tel (973) 731-3600



## **From the Garden State Parkway North & South:**

- Garden State Parkway to Exit 145 - follow signs for 280 West - The Oranges
- Proceed on 280 West to Exit 7 – West Orange/Verona
- Stay to the left exit ramp, turn left at the light onto *Pleasant Valley Way*.
- Pass through two traffic lights.
- Kessler Institute for Rehabilitation is located ¼ mile on the right.
- Follow signs for the visitor's parking and use the main entrance.

## **From the Lincoln Tunnel:**

- Follow signs for the New Jersey Turnpike South.
- Follow the Turnpike until Exit 15 West.
- Go through the toll booth and follow signs for Rt. 280 West - Remain on 280 West until Exit 7.
- As you get off the exit ramp turn left at the light onto *Pleasant Valley Way*.
- Pass through two traffic lights.
- Kessler Institute for Rehabilitation is located ¼ mile on the right.
- Follow signs for the visitor's parking and use the main entrance.

## **From the George Washington Bridge:**

- Get off Route 80 West and follow signs for the Garden State Parkway – South.
- Remain on the Garden State Parkway South until Exit 145 and follow signs for 280 West - The Oranges.
- Remain on 280 West until Exit 7.
- As you get off the exit ramp, turn left at the light onto *Pleasant Valley Way*.
- Pass through two traffic lights.
- Kessler Institute for Rehabilitation is located ¼ on the right.
- Follow signs for the visitor's parking and use the main entrance.

## **From Rte 80 East:**

- Take Route 80 East following signs for Route 280 East - The Oranges.
- Remain on 280 East until Exit 7.
- As you get off the exit ramp, turn left at the light onto *Pleasant Valley Way*.
- Pass through the next traffic light.
- Kessler Institute for Rehabilitation is located ¼ mile on the right.
- Follow signs for the visitor's parking and use the main entrance.
  
- For special events, seminars, and workshops at Kessler Institute for Rehabilitation's West Orange facility, follow signs for Conference/Seminar parking.